Minutes of the Annual General Meeting of
Arthritis Action (the "Charity")
held at Stroke Association House, 240 City Road, EC1V 2PR
on Tuesday 8 July 2025

Present	**In Attendance**
Council Members:	Staff and Representatives:
Sarah Vickerstaff (Interim Chair)	Shantel Irwin
Rick Borges	Noha Al Afifi
Rob McNabb	Hannah Littler
Elizabeth Takyi	Martin Lau
Susan Powell	Wendy Holden
Matt Myles-Brown	Leah Boylan
	Faye Clews

Plus 6 General Members

The Meeting opened at 11:20am and, as proxies had been received from over 25 members, it was deemed to be quorate in accordance with Article 7.8 of the Charity's Articles of Association.

1. Chair's Introductory Remarks

Sarah Vickerstaff introduced herself as Chair and welcomed the members to the Meeting.

Sarah Vickerstaff advised that 119 proxies had been received from Members and the overwhelming majority of the votes were in favour of the seven resolutions detailed in the Notice of Annual General Meeting. She also indicated that she intended to vote in favour of these seven resolutions on behalf of those members who had instructed her to vote as she saw fit.

2. Apologies

Debbie Rose, previously a trustee had sent her apologies.

3. Minutes of the 2024 Annual General Meeting

The Minutes of the 2024 Annual General Meeting on Wednesday 3 July 2024 were approved as an accurate record of that Meeting.

4. Updating the Objects clause in Arthritis Action's Articles of Association by means of a Special Resolution

It was proposed to the members to change the objects clause as recommended by the board:

The object of the Charity is to relieve and promote the relief of people with arthritis **and associated musculoskeletal (MSK) conditions** by:

- helping and supporting them through the provision of the best available evidence-based approaches and techniques for managing arthritis **and associated MSK conditions**;
- monitoring arthritis related developments and initiatives, and promoting efforts to gain a better understanding of arthritis **and associated MSK conditions** and their impact on people's lives; and

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- raising awareness of arthritis **and associated MSK conditions** and disseminating evidence-based information about all matters relating to **those conditions**.

Proposed by: Sarah Vickerstaff
Seconded by: Jack Martin

5. Updating the Council Members clause in Arthritis Action's Articles of Association by means of a Special Resolution

It was proposed to the members to change the council members clause as recommended by the board:

8.3 From the adoption of these Articles, the existing Council Members shall be entitled to serve up to two consecutive terms of three years each. A Council Member may be appointed for one additional term of three years, at the sole discretion of the Council Members, so long as 75% agree.

Proposed by: Sarah Vickerstaff
Seconded by: Elizabeth Takyi

6. Trustees' Report and Financial Statements for the year ended 31 October 2024

The Trustees' Report and Financial Statements for the year ended 31 October 2024 and the accompanying Independent Auditor's Report were presented for adoption.

Adoption proposed by: Sarah Vickerstaff
Seconded by: Jack Gaskin

7. Appointment of the Auditors and authorisation of Council Members to agree their fees

The appointment of LMDB Accountants as Auditors until the conclusion of the next Annual General Meeting was approved and the trustees were authorised to agree their fees for the year ending 31 October 2025 audit.

Proposed by: Sarah Vickerstaff
Seconded by: Jack Martin

8. Election of Council Members appointed by Trustees since the last AGM

In accordance with Clause 8.5 of the Charity's Articles of Association Caroline Langley and Susan Powell, who were appointed to the Board by the Trustees on 13 August 2024 and 11 September 2024 respectively, were appointed as trustees for three-year terms of office.

Proposed by: Sarah Vickerstaff
Seconded by: Jack Gaskin

9. Any Other Relevant Business

ET offered her thanks to SV for her willingness to step into the interim chair position.

There being no other business the meeting closed at 11:40

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